

Year 1 Religious Education: Judaism

Is Shabbat important to Jewish children?



Key Vocabulary

kippah	Skull cap worn during prayers or Torah study.
Shabbat	Shabbat means 'rest'. Day of religious worship and rest beginning at sunset on a Friday and finishing at nightfall on Saturday.
Synagogue	Jewish place of worship used for public prayer, study and meeting.
challah	Bread eaten on Shabbat, usually plaited.
Genesis Creation Story	In the story, Saturday was the seventh day of the week and the day that God rested after creating the world.
Kiddush cup	A special cup used to hold wine for blessing and mark the beginning of Shabbat.
Havdalah candle	A special braided candle used to mark the end of Shabbat.
Torah	Jewish Law/Teaching. The five books of Moses.

Discovery RE

Jewish people observe Shabbat because God asked them to keep the Sabbath day holy.



Key Skills

- Tell you which is my favourite day of the week and talk about food I would like to share in a special meal.
- Use the right names for things that are special to Jewish people during Shabbat and explain why.
- Start to make a connection between being Jewish and decisions about behaviour.

Sticky Knowledge

- On Friday evening, everyone gathers for a special meal
- Everyone puts on their best clothes
- Blessings are recited.
- No work can be done. Including homework!
- Families will visit the Synagogue during Shabbat.