



Year 6 Religious Education: Islam

What is the best way for a Muslim to show commitment to their faith?

Key Vocabulary

commitment	A willingness to give your time and energy to a job, activity, or something that you believe in.
Allah	The Arabic word for God.
duty	Something that you have to do because it is part of your job, or something that you feel is the right thing to do.
Qur'an	The holy book for Muslims. The word of Allah in Arabic.
Ramadan	Month of fasting.
Hajj	The pilgrimage to the holy city of Mecca.
Pillars of Islam	The five religious acts that are considered compulsory for all Muslims.
Mecca/ Makkah	The holiest city for Muslims. Mecca is a city in Saudi Arabia. The city was the birthplace of Muhammad (PBUH) who is considered to be the messenger of Islam.

Key Skills

- Show an understanding of why people show commitment in different ways.
- Describe how different practices enable Muslims to show their commitment to God.
- Think of some ways of showing commitment to God that would be better than others for Muslims.

Sticky Knowledge

The **five pillars of Islam** are central to Muslim life and worship. The **first pillar** of Islam is Shahadah. This is a statement which is repeated many times a day: *There is one God, Allah and Muhammad is his prophet.* The **second pillar** of Islam is Salat.- Muslims believe it is their duty to pray to Allah five times each day to show their belief and be reminded of God so they do not forget about Him. Muslims believe they can worship God anywhere. Many Muslims choose to go to the Mosque for lunchtime prayers on a Friday, the Muslim holy day.

The **third pillar** of Islam is Zakah – giving money to charity. Muslims think it is their duty to give to charity as everything they own belongs to God. The **fourth pillar** of Islam is Sawm. During the month of Ramadan every year, Muslims do not eat or drink at all during the hours of daylight. Muslims fast because Allah says in the Qur'an that they should. It is a way for Muslims to sympathise and understand what life might be like if they had no clean water or food to eat. Fasting is a way of showing that they are living in the way that God wants and remembering people who are hungry. Muslims believe it shows that their religion is the most important thing in their lives – more important than eating or drinking.

The **fifth pillar** of Islam is Hajj. Muslims are expected to visit Mecca at least once in their lifetime.

